

**ART IS
RESISTANCE**



LET'S DO THIS.

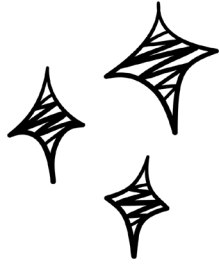
THIS NOTEBOOK IS DESIGNED WITH ONE TRUTH IN MIND:
ART IS POWERFUL.
AND THOSE IN POWER FEAR ART.

In this notebook, you'll find prompts to think about how your art and creative work can be a powerful act of resistance. You'll find new ways to think about creativity and what our society demands. And you'll explore new routes to inspiration.

First up: an investigation for your creative life.

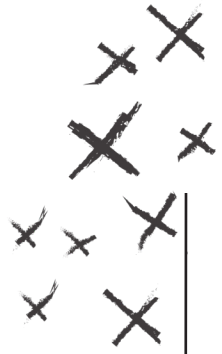


INVESTIGATION



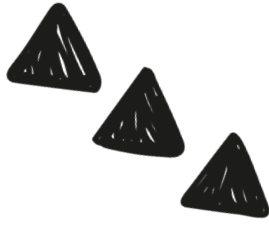
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INVESTIGATION



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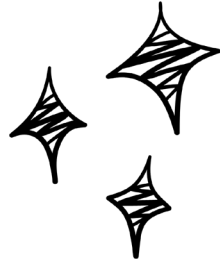


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INVESTIGATION



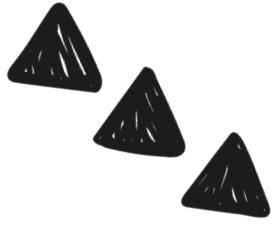
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INVESTIGATION



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INVESTIGATION



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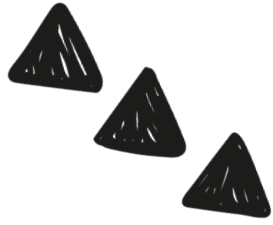


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NEXT UP:

Before we think more about making art as resistance, let's dissect all the things we're told about creativity and our creative practices.

INSIGHTS



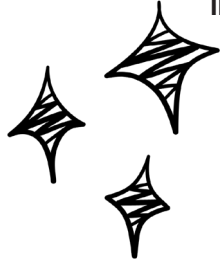
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INSIGHTS



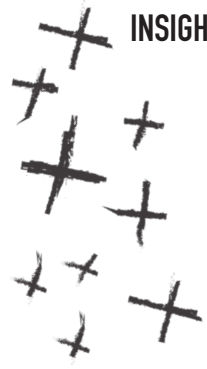
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INSIGHTS



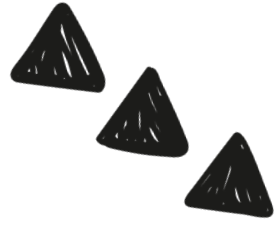
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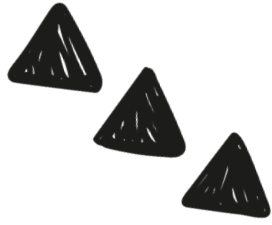


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INSIGHTS



INSIGHTS

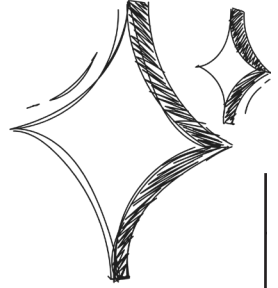


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NEXT UP:

Let's look at how we get ideas for our creative work!

INSPIRATION



INSPIRATION



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INSPIRATION

Let's get lost !

We've sequestered ourselves into little corners of the internet: Our social media feeds. Our news sites. Our intranets and forums.

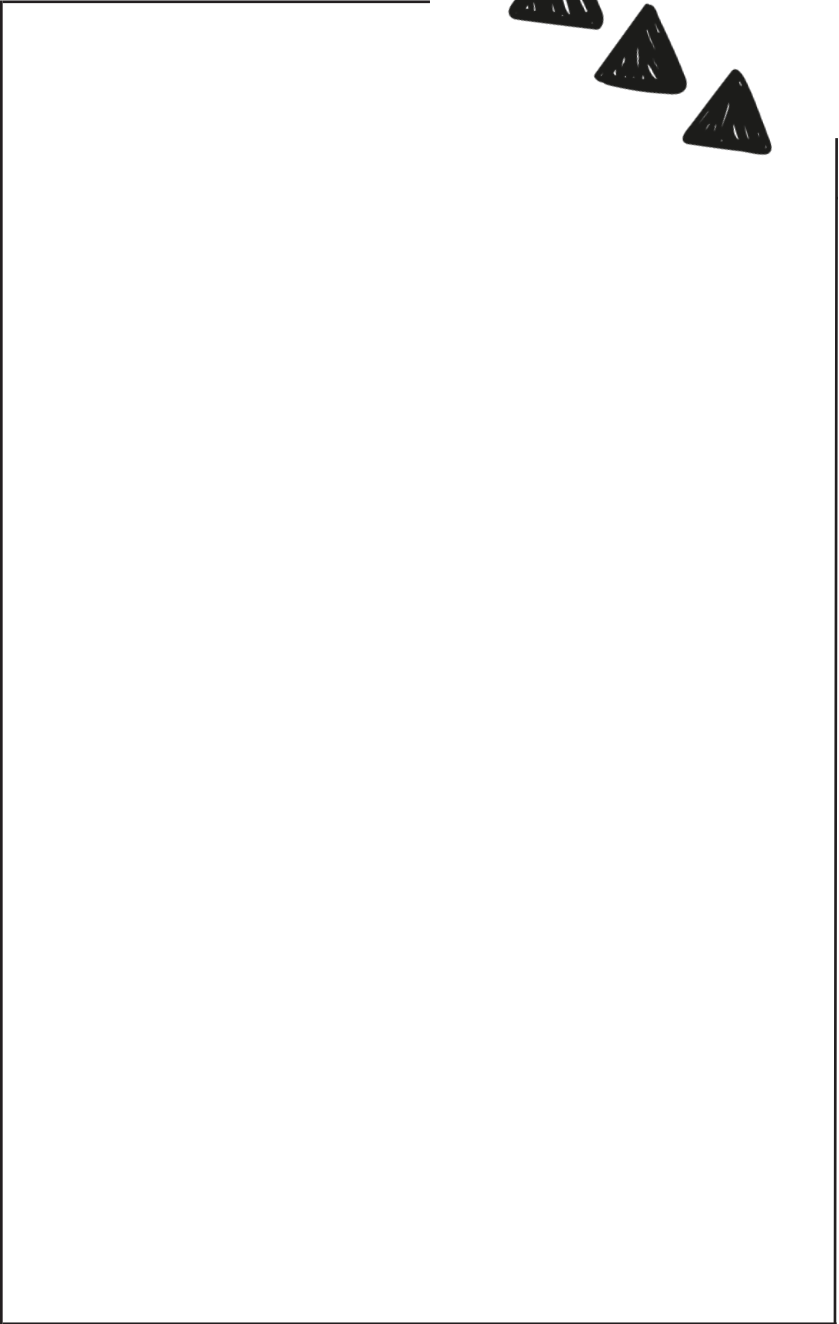
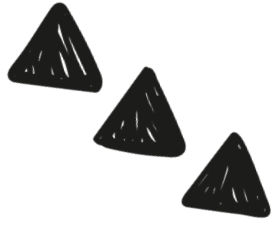
But there's a whole wide weird Internet out there that is perfect for inspiring creative work.

So how can you rediscover the internet?

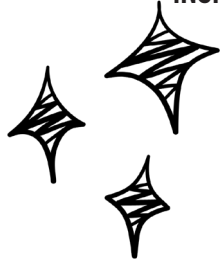
- Look up something on Wikipedia, choose one of the links mentioned in the article, and follow it. Do it again. And again. See what new things you find.
- Choose an ordinary object around you. Your lamp. Your mug. Your cat. Google it and start following links until you find a bizarre fact that you have to collect.
- Use advanced search. Rather than just seeing what Google offers up when you search, try searching within a specific site. Type "site:npr.org rabbits" to find every instance of rabbits mentioned on NPR. In fact, type that right now. You'll thank me.
- Explore Archive.org. It's a different search engine, where you can browse and search for old ephemera, analog music, and more.
- Play. The internet isn't just for work and scrolling. Check out theuseless-web.com for bizarre games and sites. Try neal.fun to choose your own adventure.
- Make notes on the next pages of anything interesting to explore more.

This is inspired by Offline Crush's terrific article "How to use the internet again: A curriculum." Check out the full post for tons more ideas and direct links: offlinecrush.substack.com/p/how-to-use-the-internet-again-a-curriculum

INSPIRATION



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INSPIRATION

How can we collect our inspiration?

There are tons of systems to keep track of what we notice:

PAPER

- Notebooks are practical and pretty. But only if they make sense for you and your life.
- Do you like the feel of writing things down?
- Can you take a notebook and pen/pencil with you during the day?

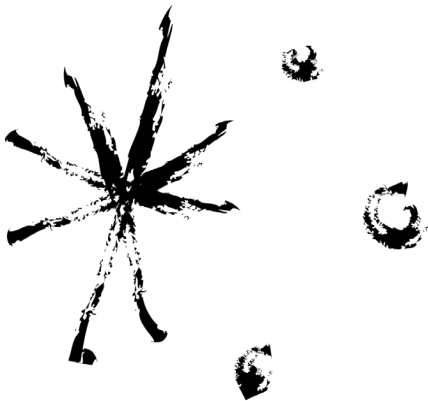
PROGRAMS

- Don't discount the simple and basic. A Word doc, a Google Sheet, or a simple Notes app can give you all you need to collect your thoughts.
- Do you like typing rather than writing?
- Do you have access to your program of choice with you during the day?

APPS

- Systems and apps can help you organize and categorize your thoughts... as long as the tool works for how you, and you don't contort to fit.
- Do you like structure to guide your thinking and collection?
- Do you have the capacity to learn the specific process for that app?

What systems do you use now? How about in the past? How do you feel about them? What might you want to try?



INSPIRATION



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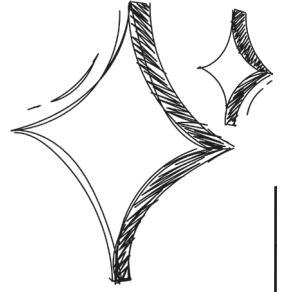
BRINGING IT TOGETHER:

Let's review, regroup and rethink our next steps.

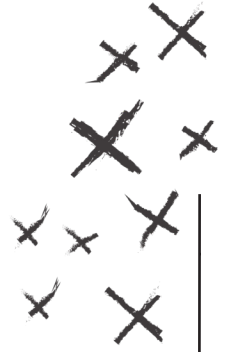
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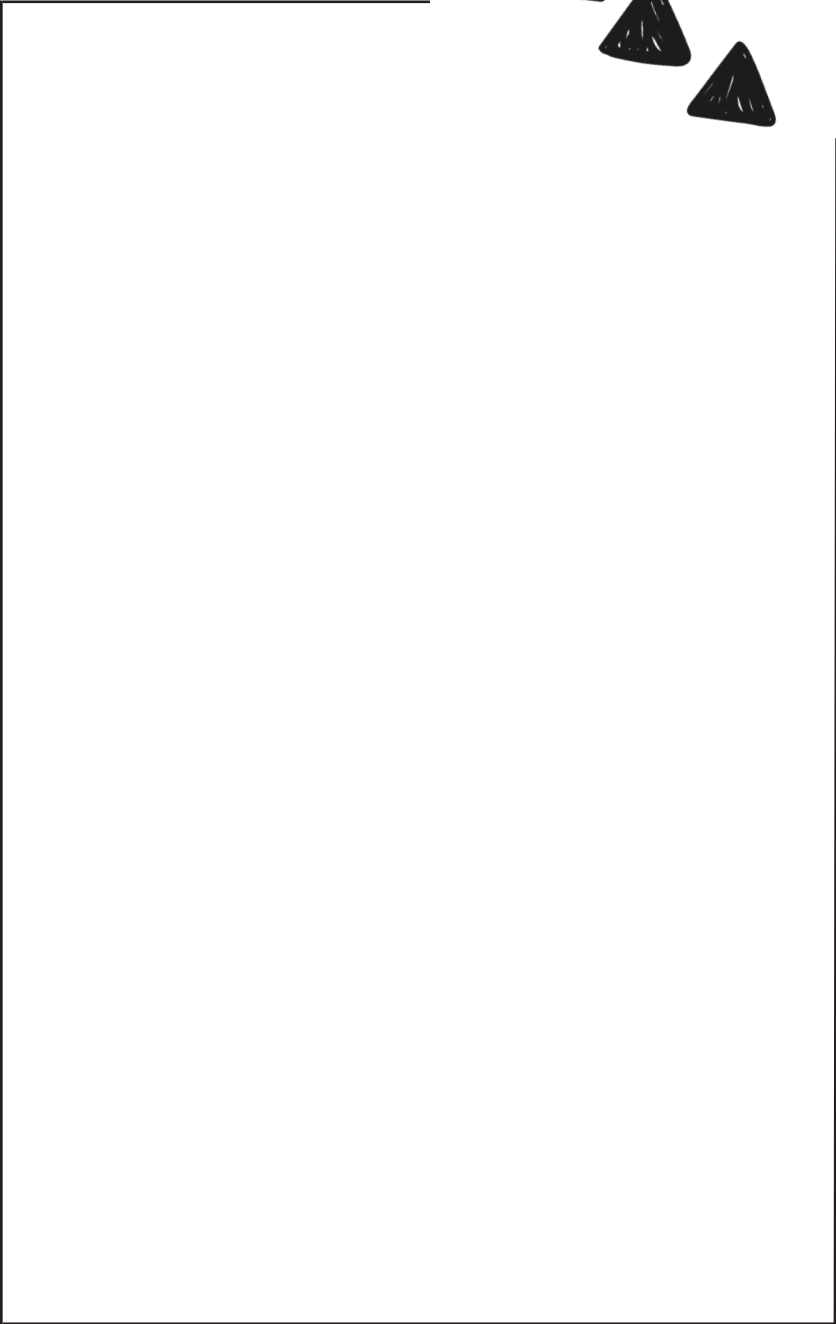
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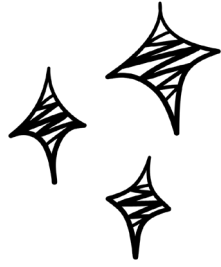
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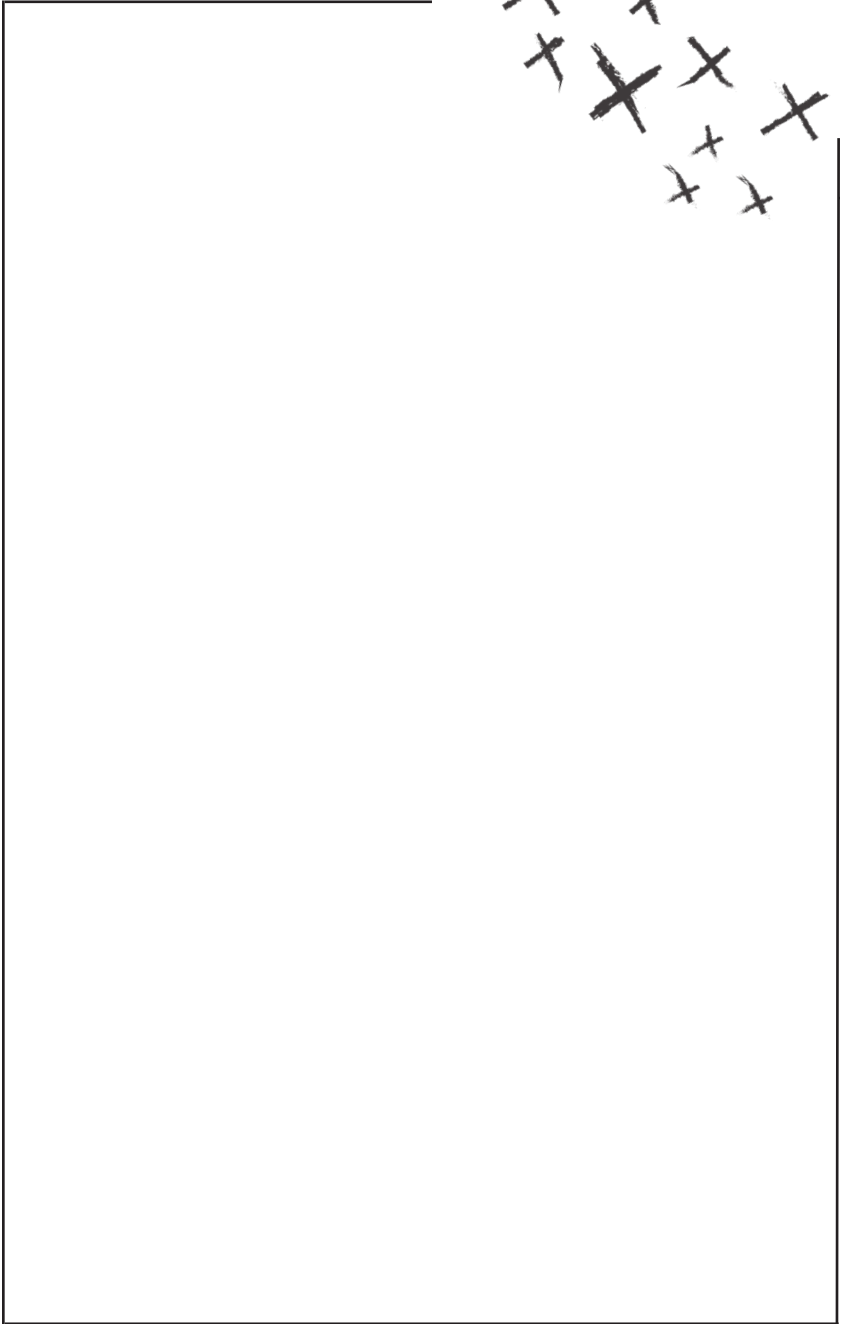
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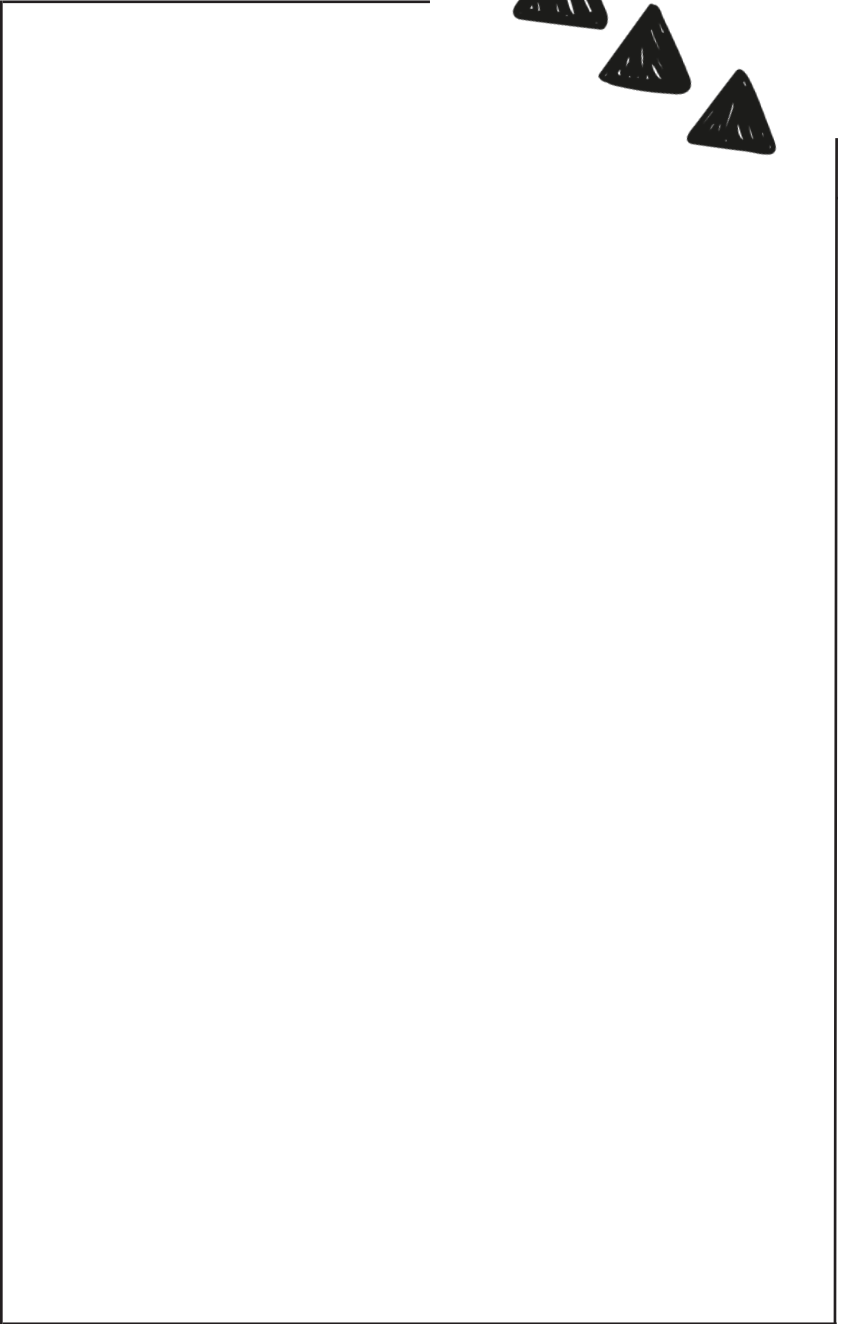
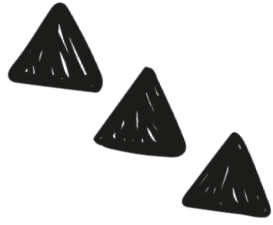
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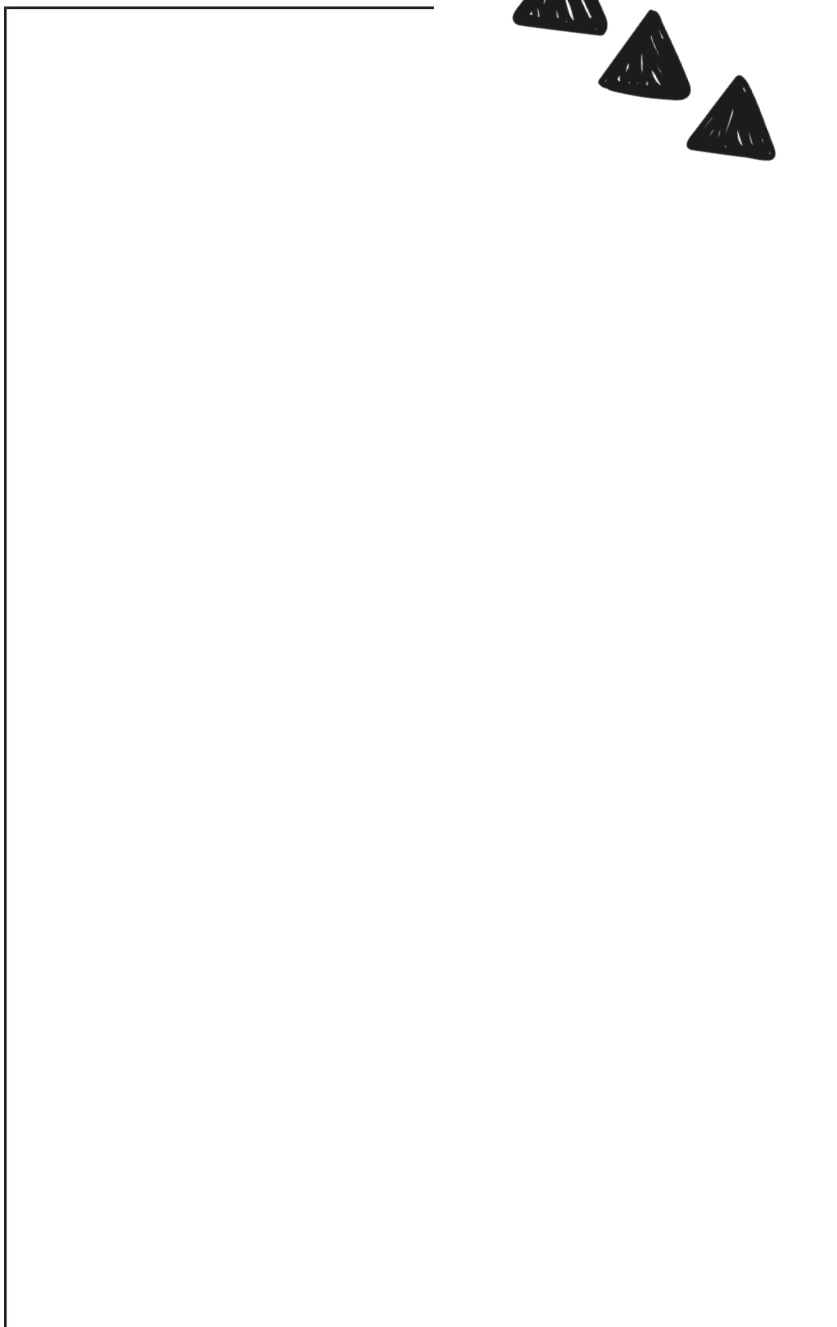
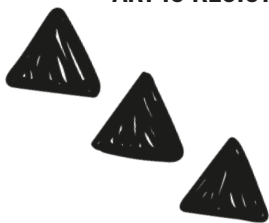
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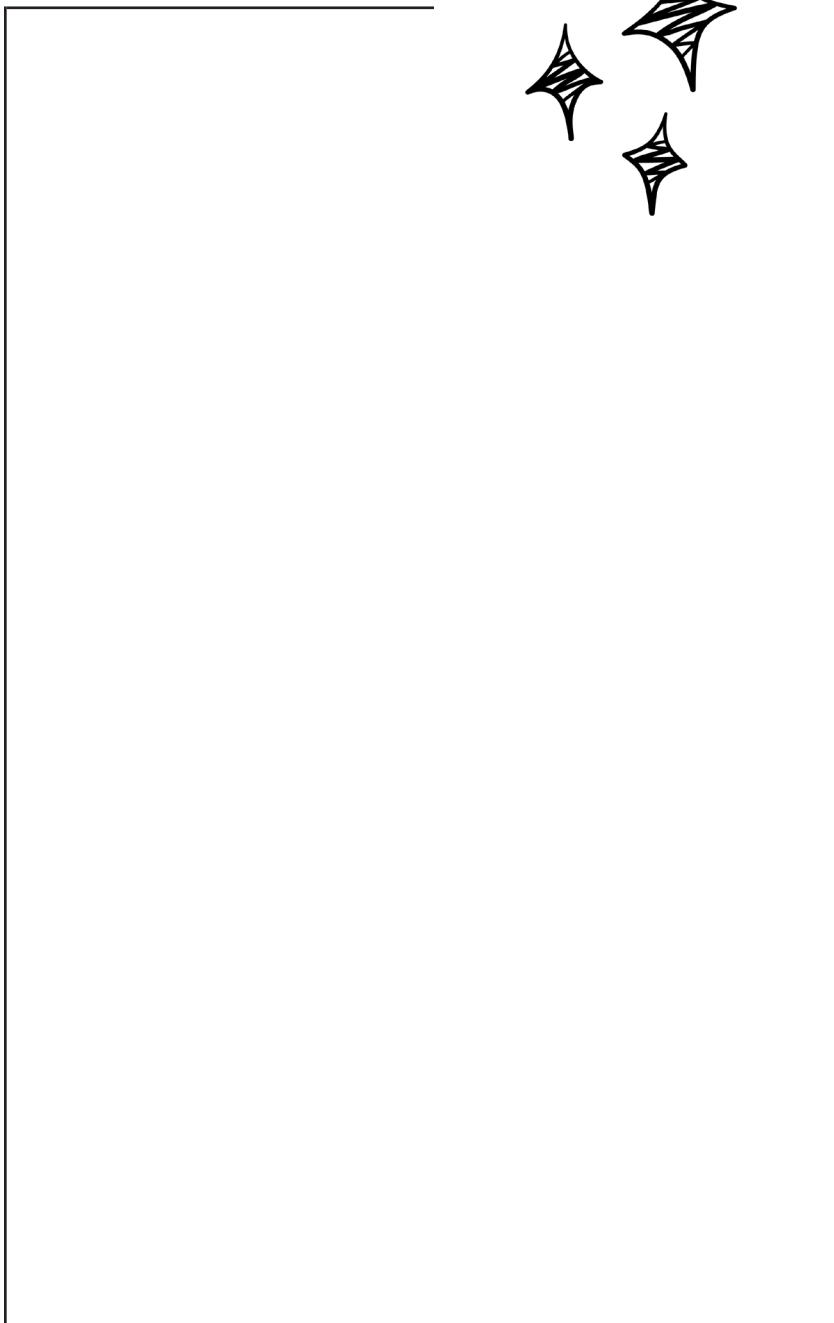
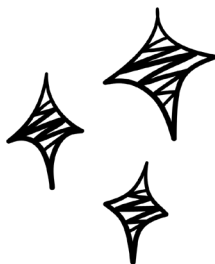
EXTRA SPACE!

Use the next pages for additional and ongoing thinking
about art as resistance!

ART IS RESISTANCE



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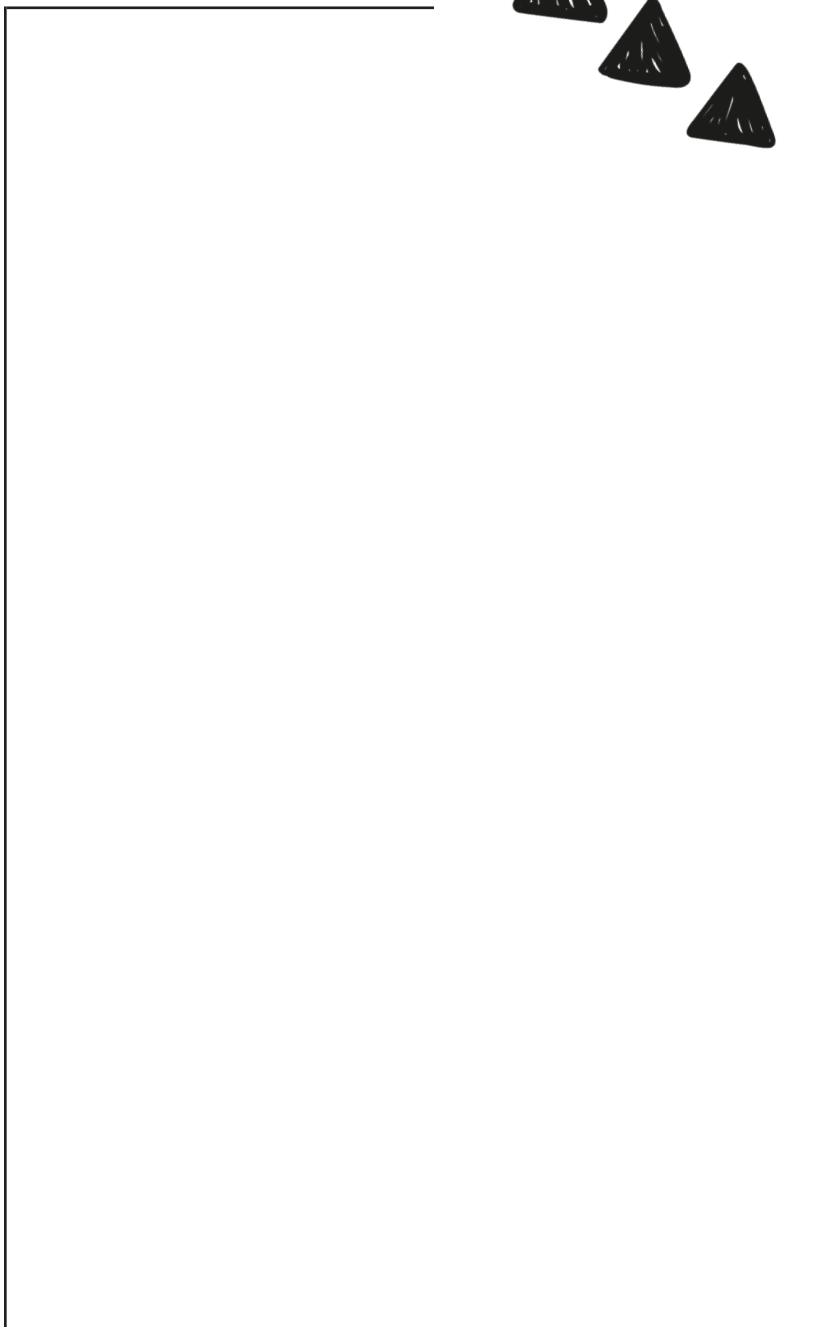
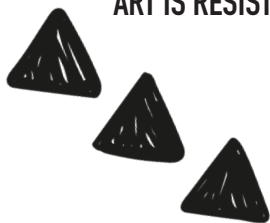
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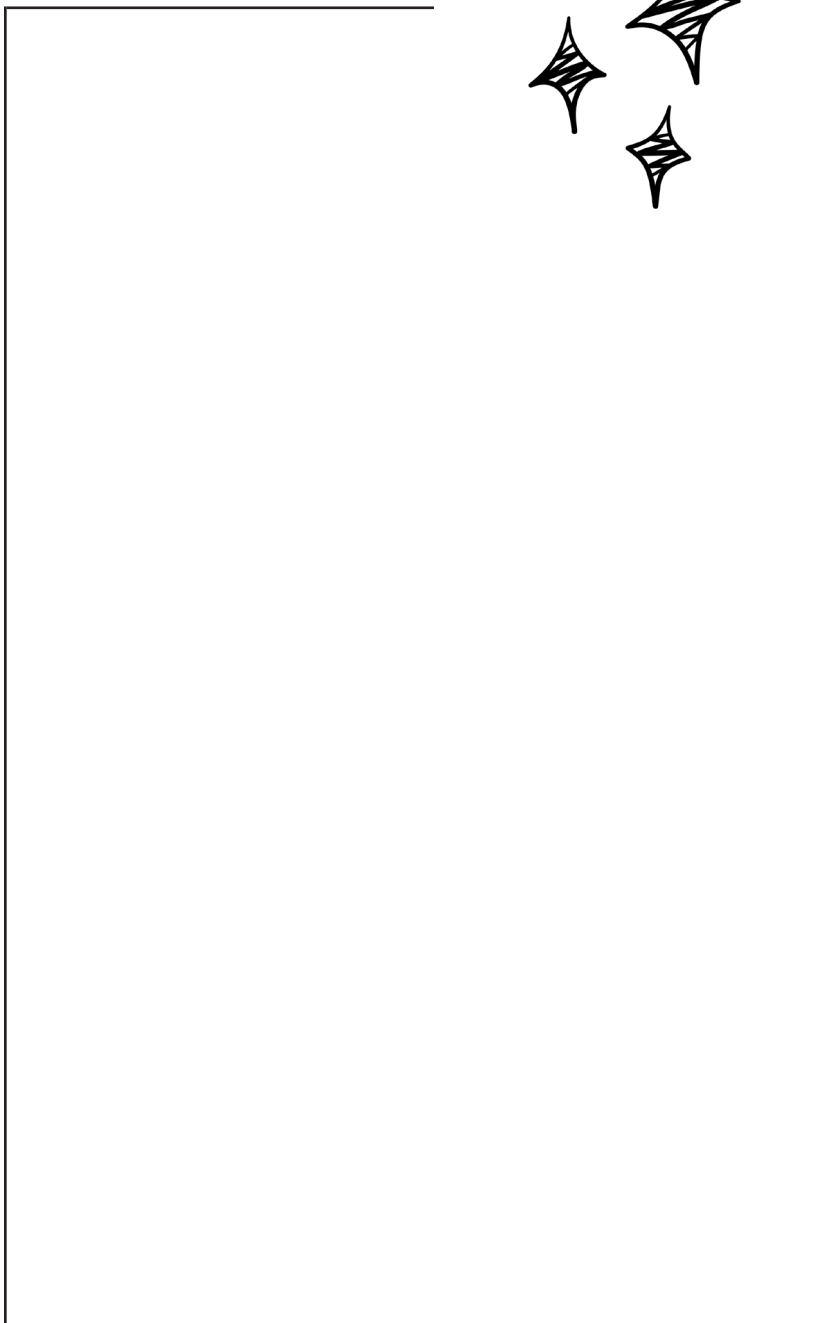
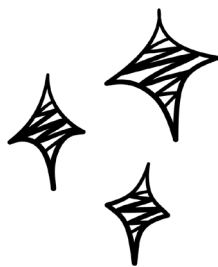
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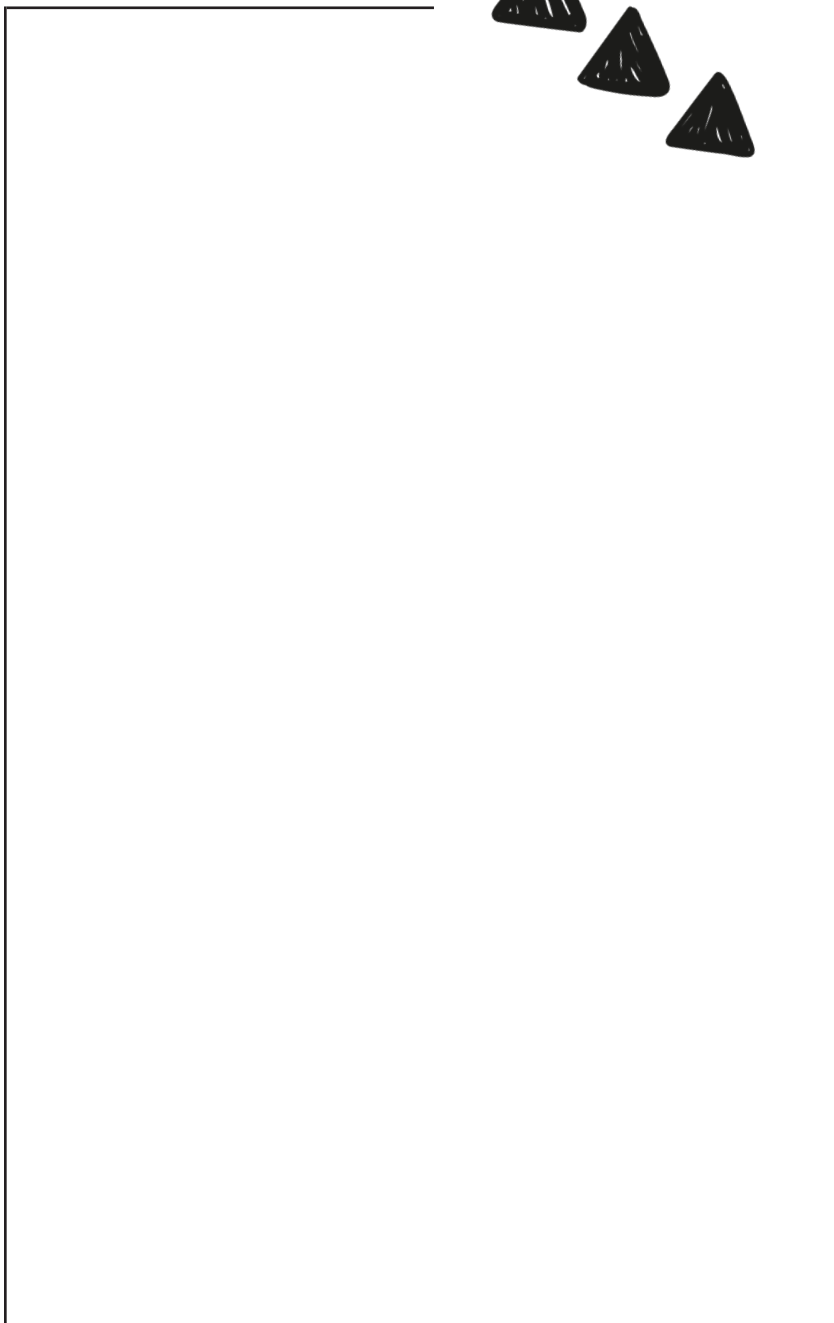
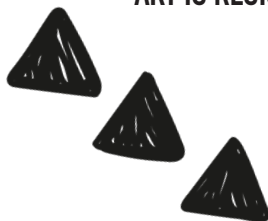
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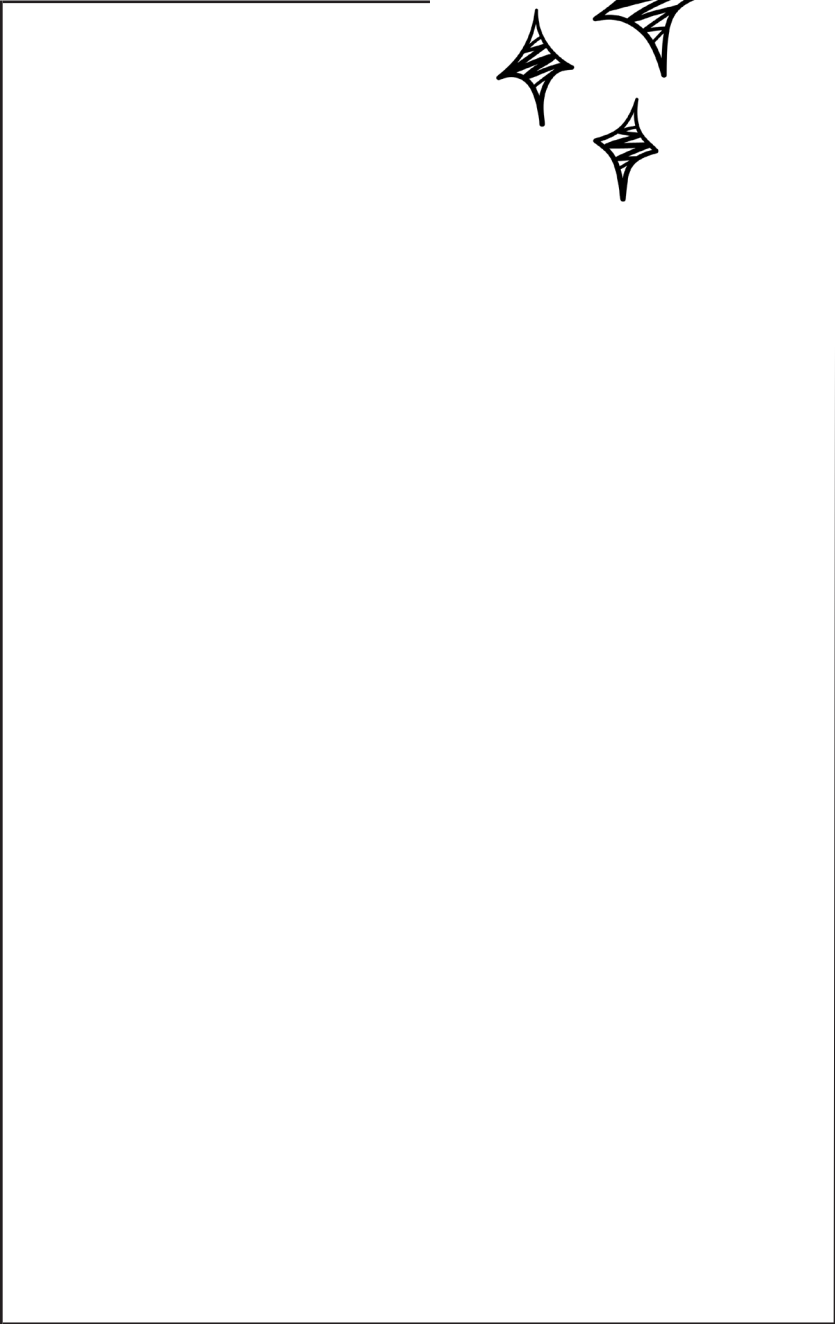
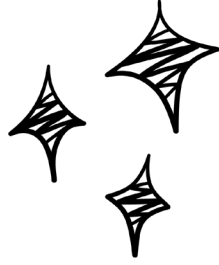
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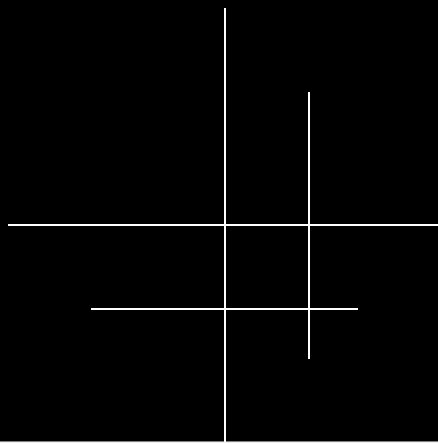
THERE'S A REASON.

There's a reason books are banned.
Music and film censored.
Media blamed.

The reason?
Storytelling is powerful
Representation saves lives.
Art is resistance.

Go forth and make the art!





REBEL YELL CREATIVE